



# Farmingdale School District

---

Board of Education Regular Meeting  
May 2, 2018

EXECUTIVE SESSION, 6:00 P.M. – A. TERRY WEATHERS BOARD ROOM

*It is anticipated that upon a majority vote of the total membership of the Board, a motion to meet in Executive Session to discuss specific litigation, collective bargaining, and personnel issues in accordance with Open Meetings Law will be considered. Following the Executive Session the Board will reconvene in the Howitt East Cafeteria at approximately 8 p.m.*

## **PUBLIC MEETING, 8:00 P.M.**

Howitt East Cafeteria

The Board of Education is interested in encouraging all members of the public to share their ideas, comments and questions. Public participation opportunities will be available at the beginning and end of this meeting and, as stated in board policy, no person shall speak for more than three minutes and each period of public participation shall be limited to 30 minutes. If you have any questions or concerns regarding matters on the Agenda, it may be important for you to utilize the first public participation opportunity as the Board will act on those items immediately. Charges, complaints or challenges should follow procedures listed under Policies 1400, 1410 and/or 1440, which are included on the materials table. Thank you for your anticipated courtesy and cooperation. The agenda follows:

IN THE EVENT OF FIRE AND/OR IF YOU HEAR THE FIRE BELL, YOU MUST LEAVE THE BUILDING. PLEASE USE THE NEAREST EXIT, WHICH IS TO YOUR RIGHT IN THE BACK OF THIS ROOM.

### **Call to Order**

### **Pledge of Allegiance**

### **Superintendent's Update**

- Physical Education Committee Presentation

### **Old Business**

- Follow-Up from April Public Participation

### **Public Participation**

## **Board of Education Minutes**

Motion made by \_\_\_\_\_, seconded by \_\_\_\_\_ to approve the minutes of

1. Minutes of Mar 28, 2018 Budget / Public Input
2. Minutes of Apr 11, 2018 Regular Meeting
3. Minutes of Apr 17, 2018 Special Meeting-BOCES Budget Adoption / BOCES Vote

## **Board Correspondence**

## **Board Committee Reports**

## **Consideration of Consent Agenda:**

Motion made by \_\_\_\_\_, seconded by \_\_\_\_\_ that the Consent Agenda consisting of Items I (a-g), II (a-b), and III (a-d) be approved as a whole with action recorded separately.

## **I. Business Report**

### **a. Acceptance for File of Financial Reports**

1. Acceptance of Claims Auditor Report - March 2018
2. Acceptance of Treasurer's Report - March 2018
3. Acceptance of Revenue and Expenditure Report - March 2018
4. Acceptance of Extra Curricular Report - March 2018

### **b. Approval of Contracts and Agreements**

1. Approval of a Special Education SEDCAR Contract
2. Approval of Health & Welfare Services Agreements for Resident Students Attending Non Public Schools Outside of the District for the 2017/18 School Year (Hempstead, Syosset & Westbury)
3. Approval of SCOPE License Agreement for PSAT/SAT Preparatory Program
4. Approval of a Renewal Agreement with Educational Bus, Inc. for Maintenance of Cameras on District Buses

### **c. Approval of Tuition Rates for Non-Resident Students Attending Public Schools for the 2016/17 School Year**

- d. Approval of Transfer of Funds - May 2018
- e. Approval of Declaration of Obsolete Equipment - May 2018
- f. Approval of Award of Bid - Art Equipment & Supplies
- g. Approval of Award of Bid - Music Equipment & Supplies

## **II. Items for Action**

- a. Appointment of Assistant Clerk / Budget Vote and Election
- b. Approval of an Addendum to the Assistant Superintendent's/ Unaffiliated Administrative Staffs' Contracts

### **III. Superintendent's Report**


- a. Personnel Items -- Instructional
- b. Personnel Items -- Non-Instructional
- c. Approval of the Committee on Preschool Special Education Placements Report and Acceptance for File of Said Report
- d. Approval of the Committee on Special Education Placements Report and Acceptance for File of Said Report

### **IV. Items For Discussion**

1. Draft Policy #5405, Student Wellness

### **Public Participation**

### **Adjournment**



---

Mary E. Rogers, District Clerk

**Board of Education**

50 Van Cott Ave  
Farmingdale, NY 11735

Meeting: 05/02/18 08:00 PM  
Department: Assistant Supt for Human Resources and Admin

Category: Discussion

Prepared By: Marie Lovisa

Initiator: Glen A Zakian

Sponsors:

DOC ID: 4772

**SCHEDULED**

**DISCUSSION ITEM (ID # 4772)**

---

**Draft Policy #5405, Student Wellness**

## STUDENT WELLNESS

Given the documented connection between proper nutrition, adequate physical activity and educational success, the Board of Education adopts the following goals and authorizes the following actions to provide district students with a school environment that promotes student health and wellness and reduces childhood obesity.

For purposes of this policy, "school campus" means all areas of district property accessible to students during the school day; "school day" means the period from the midnight before to 30 minutes after the end of the official school day; and "competitive food" means all food and beverages other than meals reimbursed under federal food programs available for sale to students on the school campus during the school day.

### I. Foods and Beverages Available to Students on School Campus During the School Day

The Board recognizes that a nutritious, well-balanced, reasonably-portioned diet is essential for student wellness. To help students possess the knowledge and skills necessary to make nutritious food choices for a lifetime, the district shall ensure that all foods and beverages available in school promote good nutrition, balance, and reasonable portion sizes. The district shall ensure that all foods and beverages available for sale to students on the school campus during the school day meet or exceed the program requirements and nutrition standards found in federal regulations.

To accomplish this, the Board directs that the district serve healthy and appealing foods and beverages at district schools, following state and federal nutrition guidelines, as well as safe food preparation methods.

#### A. School Meals – the district shall:

1. Include fruits, vegetables, salads, whole grains, and low fat items at least to the extent required by federal regulations.
2. Encourage students to try new or unfamiliar items.
3. Make efforts to ensure that families are aware of need-based programs for free or reduced-price meals and encourage eligible families to apply.
4. Consider serving produce and food from local farms and suppliers.
5. Make free drinking water available at locations where meals are served.

#### B. Meal Scheduling – the district shall:

1. Provide adequate time to eat.
2. Schedule lunchtime between (9:45 a.m. – 1:30 p.m.)

#### C. Foods and Beverages sold individually (e.g., a la carte, vending machines, school stores) – the district shall:

1. Ensure that all such items meet the nutrition standards set in federal regulations for competitive foods regarding whole grains, fruits, vegetables, calories, fat, saturated fats, trans fats, sugar, sodium, and caffeine.

2. Permit the sale of fresh, frozen or canned fruits and vegetables, if processed pursuant to federal regulations, as exempt from the nutrition standards.
3. Work with existing vendors or locate new vendors that will comply with nutrition standards.

D. Fund-Raising Activities – the district shall:

1. Ensure that all fundraisers selling food or beverages to students on school campus during the school day meet the competitive foods nutrition standards set in federal regulations for whole grains, fruits, vegetables, calories, fat, saturated fats, trans fats, sugar, sodium, and caffeine.
2. Promote non-food items to sell, or activities (physical or otherwise) in which to participate.
3. Student groups conducting fundraisers which take place off the school campus or outside the school day are encouraged to follow this policy.
4. Outside organizations (e.g., Parent groups, booster clubs) conducting fundraisers which take place off the school campus or outside the school day are encouraged to follow this policy.

E. School and Class Parties, Celebrations, and Events where food and beverages are provided, but not sold – the district shall:

1. This section applies to all school and classroom parties, snacks which have been brought in for the class or school, celebrations, food provided to learn about cultures or countries, and other events where food is provided but not sold.
2. This policy prohibits anyone from bringing home made food to district schools for the purpose of distributing that food to other children. For all school events, including, but not limited to, class parties and birthday celebrations, acceptable food will be deemed to be unopened, prepackaged food that has a printed nutrition label affixed to the package. This does not restrict what parents may provide for their own child's lunch or snack, except where special arrangements have been made to meet the needs of individual children who have allergies. Parents may not provide restricted items to other children at school.
3. Schools shall set guidelines for the frequency and content of classroom and school-wide celebrations where food and beverages are provided.
4. The district shall promote the use of food and beverage items which meet the standards for competitive foods and beverages, promote non-food activities, and discourage foods and beverages which do not meet those standards, at celebrations.
5. Model the healthy use of food as a natural part of celebrations.

F. Marketing of Foods and Beverages

1. Any food or beverage that is marketed on school grounds during the school day must meet at least the federal nutrition standards for competitive items.
2. This restriction applies to, but is not limited to, all school buildings (interior and exterior), school grounds, school buses and other vehicles used to transport students, athletic fields, structures, parking lots, school publications, and items such as vending machines, equipment, posters, garbage cans, or cups.
3. Marketing includes all advertising and promotions: verbal, written, or graphic, or promotional items.

4. This restriction does not apply to personal opinions or expression, or items used for educational purposes.
5. This restriction applies to all purchases and contracts made after the effective date of this provision.

## II. Physical Activity

Physical activity is an important factor in staying healthy and being ready to learn. The Board encourages every student to develop the knowledge and skills necessary to perform a variety of physical activities, to regularly participate in physical activity, and to appreciate and enjoy physical activity as an ongoing part of a healthy lifestyle. In addition, staff, families, and community are encouraged to participate in and model physical activity as a valuable part of daily life. The district's Physical Education program shall adhere to the curricular requirements of the Commissioner of Education and the New York State Learning Standards.

### A. Physical Education

1. Students shall engage in physical education for at least the minimum number of hours or days per week under State requirements.
2. Physical Education classes shall incorporate the appropriate NYS Learning Standards.
3. Promote, teach and provide opportunities to practice activities that students enjoy and can pursue throughout their lives (e.g., yoga, fitness walking, step aerobics).
4. The performance or withholding of physical activity shall not be used as a form of discipline or punishment.

### B. Recess

1. Maintain daily allotment of recess time for elementary school.
2. Permit scheduling recess before lunch.
3. Recess will be held outdoors whenever possible, and indoors during the most inclement weather, at the discretion of the Building Principal.

### C. Physical Activity in the Classroom

1. Promote the integration of physical activity in the classroom, both as activity breaks and as part of the educational process (e.g., kinesthetic learning).
2. If the district is under severe time or space constraints, consider meeting the state requirements for Physical Education through collaborative and integrative in-classroom activity, under the supervision of a Physical Education teacher.

### D. Extracurricular Opportunities for Physical Activity

1. Promote clubs and activities that meet the various physical activity needs, interests, and abilities of all students (e.g., walking, hiking and climbing, snowshoeing), including before and after school activities.
2. Promote students walking/biking to school (with proper storage of bicycles), safe routes to school, and "walking" school buses.
3. The setting of extracurricular activity eligibility participation requirements does not constitute withholding opportunities.

### III. Nutrition Promotion and Education

The Board believes that nutrition promotion and education is a key component in introducing and reinforcing healthy behaviors in students. Nutrition promotion and education that teaches the knowledge, skills, and values needed to adopt healthy eating behaviors shall be integrated into the curriculum. Nutrition promotion and education information shall be offered throughout the school campus including, but not limited to, school dining areas and classrooms. Staff members who provide nutrition promotion and education shall be appropriately certified and trained. The district's broader Health Education program shall incorporate the appropriate New York State Learning Standards.

The Board's goals for nutrition promotion and education include that the district will:

1. Include nutrition education as part of not only health education classes, but also classroom instruction in subjects such as math, science, language arts, social sciences and elective subjects.
2. Include enjoyable, developmentally appropriate, culturally relevant, participatory activities, such as contests, promotions, taste testing, farm visits, and school gardens.
3. Promote fruits, vegetables, whole grain products, low fat dairy products, safe and healthy food preparation methods, and health enhancing nutrition practices.
4. Emphasize caloric balance between food intake and energy expenditure.
5. Teach media literacy with an emphasis on food marketing.

### IV. Other School-Based Activities

The district may implement other appropriate programs that help create a school environment that conveys consistent wellness messages and is conducive to healthy eating and physical activity. Such activities may include, but are not limited to, health forums or fairs, health newsletters, parent outreach, employee health and wellness activities, limiting the use of food as a reward, reviewing food marketing and advertising in school, hosting or promoting community-wide events, and offering wellness-related courses in the district's adult education program.

### V. Implementation

The Board shall designate the Assistant Superintendent for Teaching and Learning as District Wellness Coordinator responsible for ensuring that the provisions of this policy are carried out throughout the district. The Board may also designate one person in each building as School Wellness Coordinator to ensure that the wellness activities and actions are being implemented at the building level.

### VI. Monitoring and Review

The Assistant Superintendent for Teaching and Learning, as District Wellness Coordinator, shall report every three years to the Board and the public on the implementation and effectiveness of this policy. Every three years, the District Wellness Coordinator, in consultation with appropriate personnel and advisory committees, shall monitor and review the district's wellness activities to determine the extent that district schools are complying with this policy, how this policy compares to model wellness policies, and the progress made toward attaining the goals of this policy and whether this policy is having a positive effect on increasing student



wellness and decreasing childhood obesity in the district. Based on those results, this policy, and the specific objectives set to meet its goals, may be revised as needed.

Parents, students, food service professionals, physical education teachers, school health professionals, school administrators, the general public, and the school board shall be provided with the opportunity to participate in the development, implementation and periodic review and update of this wellness policy. To do this, the district shall maintain the Board of Education Wellness Committee and shall inform and update the public (including parents, students and others in the community) about the content and implementation of this wellness policy.

The district shall monitor and review the implementation and effectiveness of this policy by conducting:

1. Periodic informal surveys of Building Principals, classroom staff, and school health personnel to assess the progress of wellness activities and their effects.
2. Periodic checks of the nutritional content of food offered in the cafeterias for meals and a la carte items, and sales or consumption figures for such foods.
3. Periodic checks of the nutritional content of food available in vending machines, and sales or consumption figures for such foods.
4. Periodic checks of the amount of time students spend in Physical Education classes, and the nature of those activities.
5. Periodic checks of extracurricular activities of a physical nature, in the number of offerings and rates of participation by students.
6. Periodic checks of student mastery of the nutrition education curriculum.
7. Periodic completion of relevant portions of the CDC School Health Index.
8. Periodic review of data currently collected by the district, including:
  - a. attendance data, particularly absences due to illness;
  - b. test scores;
  - c. rates of suspension, discipline, and violent incidents;
  - c. physical education scores on flexibility, endurance, and strength (i.e., fitness test results);
  - d. student BMI (Body Mass Index) statistics, as collected in accordance with the State Department of Health efforts; and
  - e. revenues generated from vending machines and a la carte food items.
9. Periodic review of professional staff development offered which focuses on student wellness.

## VII. Recordkeeping

The district shall keep records as required by federal regulations, including documentation of the following: this policy; the district's community involvement activities described above; that the policy is made available to the public; the assessments done every three years; how the public is informed of the assessment results; and when and how the policy is reviewed and updated.

Ref: P.L. 111-296 (The Healthy, Hunger-Free Kids Act of 2010), §204 amending 42 USC §1758b  
 P.L. 108-265 (Child Nutrition and WIC Reauthorization Act of 2004), §204  
 42 USC §§1758(f)(1); 1766(a) (Richard B. Russell National School Lunch Act)  
 42 USC §1779 (Child Nutrition Act)

7 CFR §§210.10; 210.11; 210.12; 210.15; 210.18; 210.30 (National School Lunch Program participation requirements – nutrition standards for lunch and competitive foods; community involvement; recordkeeping; state review; local wellness policy)  
 7 CFR §§220.8; 220.12 (School Breakfast Program participation requirements – nutrition standards for meals and competitive foods)  
 8 NYCRR Part 135 (Health and Physical Education curricular requirements); §114.1 (School Breakfast Program Requirements)  
*Appeal of Phillips*, 37 EDR 204 (1997) (dec. no. 13.843) (physical education requirements)  
*Appeal of Williams*, 32 EDR 621 (1993) (dec. no. 12.934) (physical education requirements)

Adoption date: June 7, 2006; Revised: July 9, 2014

Attachment: DRAFT Policy #5405 BOE Packet 5-2-18 (4772 : Draft Policy #5405, Student Wellness)

## 5405 WELLNESS

The Board of Education recognizes child and adolescent health risks, including but not limited to, obesity, eating disorders and diet-related chronic diseases as growing issues in this country, not only affecting student health but also the ability and motivation to learn. The Farmingdale School District will encourage physical activity and school-based activities that are designed to promote student wellness. To positively affect our students' health and education, the Board of Education, in consultation with the school food authority, administrators, and the public, adopts this Wellness Policy.

The Farmingdale Board of Education appreciates society's long-standing and highly entrenched belief in an individual's right concerning personal choice in the area of food consumption. In recognition of these powerful forces, the District's approach will be incremental, non-punitive and educational. The goal is promoting long-term behavioral change resulting in healthy decision making.

In addition to continuing the Health and Physical Education regulations established by the New York State Commissioner of Education (8 NYCRR 135), the Board of Education:

1. adopts the labeling and nutritional regulations established by the Secretary of the United States Department of Agriculture for all foods and beverages served or available for purchase as designated by the New York State Commissioner of Education during school breakfast periods (7 CFR 220 & 8 NYCRR 114.1);
2. adopts the labeling and nutritional regulations established by the Secretary of the United States Department of Agriculture for all foods and beverages served or available for purchase during the school lunch periods (7 CFR 210 & 8 NYCRR 125.5);
3. adopts the labeling and nutritional requirements in the Dietary Guidelines for Americans for all foods and beverages served or available for purchase on the school campus at periods other than breakfast or lunch. The Dietary Guidelines for Americans refers to the federal government's current set of recommendations designed to help people choose diets that will meet nutrient requirements, promote health, support active lives and reduce chronic disease risks (Section 204 of Public Law 108-265);
4. prohibits anyone from bringing home made food to district schools for the purpose of distributing that food to other children. For all school events, including, but not limited to, class parties and birthday celebrations, acceptable food will be deemed to be unopened, prepackaged food that has a printed nutrition label affixed to the package. This does not restrict what parents may provide for their own child's lunch or snack, except where special arrangements have been made to meet the needs of individual children who have allergies. Parents may not provide restricted items to other children at school.

5. shall establish guidelines for the sale, from the beginning of the school day until the end of the last scheduled meal period, of Foods of Minimal Nutritional Value (New York State Education Law Section 915);

6. shall establish guidelines for reimbursable school meals which are not less restrictive than the regulations and guidance issued by the Secretary of the United States Department of Agriculture (42 USC 1758, 1766 & 1779);

7. directs the Superintendent to establish a plan for measuring the implementation of this policy utilizing the School Nutrition and Wellness Advisory Committee (Education Law 918).

The School Nutrition and Wellness Advisory Committee shall, to the extent practicable, consist of representatives from:

- the food preparation staff
- the school nurses
- the physical education or other district faculty
- the students
- the parent-teacher association
- the parents or guardians of enrolled students
- the administration
- the Board of Education

The committee is encouraged to study all facets of the district's nutritional practices. The committee may periodically report their findings to the district regarding the status of the implementation of the district's programs to improve nutritional awareness and a healthy diet, and encourage physical activity and school-based activities that are designed to promote student wellness.

This policy does not:

1. apply to school nurses or other medical personnel when providing health care to individual students;
2. apply to students who require special nutrition or physical services through an Individualized Education Program or 504 Plan;
3. restrict what parents may provide for their own child's lunch or snacks, except where special arrangements have been made to meet the needs of individual children who have allergies. Parents may not provide restricted items to other children at school.

Adoption date: June 7, 2006; Reaffirmed: July 9, 2014