



Farmingdale School District

Farmingdale High School Menu

March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Homemade Grilled Cheese w/ Cheddar & Mozzarella Baked Broccoli Florets Fruit & Milk	2 *Homemade Cookies* <u>Daler Wraps</u> Chicken Strips, Lettuce, Cheddar Cheese, Ranch Dressing Salsa Cup Fruit & Milk Choice	3 All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries Cucumber Salad Fruit & Milk Choice	4 Chicken Quesadilla or Crispy Chicken Sandwich Baked French Fries Fruit & Milk Choice	5 *Homemade Cookies* Pizza Friday! Cucumber Salad Fruit & Milk Choice
8 WG Mozzarella Sticks w/ Marinara Sauce Steamed Green Beans Fruit & Milk	9 *Homemade Cookies* Tangerine Chicken Rice Bowl Veggie Fried Rice Sweet Potato Fruit & Milk Choice	10 All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries Baked Beans Fruit & Milk Choice	11 Chicken Quesadilla or Crispy Chicken Sandwich Baked French Fries Green Salad Fruit & Milk Choice	12 *Homemade Cookies* <u>Brunch for Lunch</u> French Toast Sticks Sausage & Hash Browns Fruit & Milk Choice
15 Homemade Grilled Cheese w/ Cheddar & Mozzarella Baked Broccoli Florets Fruit & Milk	16 *Homemade Cookies* Tangerine Chicken Rice Bowl Veggie Fried Rice Sweet Potato Fries Fruit & Milk Choice	17 HAPPY ST.PATRICK'S DAY All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries Cucumber Salad Fruit & Milk Choice	18 Chicken Quesadilla or Crispy Chicken Sandwich Baked French Fries Fruit & Milk Choice	19 *Homemade Cookies* <u>Brunch for Lunch</u> French Toast Sticks Sausage & Hash Browns Fruit & Milk Choice
22 WG Mozzarella Sticks w/ Marinara Sauce Steamed Green Beans Fruit & Milk	23 *Homemade Cookies* <u>Daler Wraps</u> Chicken Strips, Lettuce, Cheddar Cheese, Ranch Dressing Salsa Cup Fruit & Milk Choice	24 All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries Baked Beans Fruit & Milk Choice	25 Chicken Quesadilla or Crispy Chicken Sandwich Baked French Fries Green Salad Fruit & Milk Choice	26 *Homemade Cookies* Pizza Friday! Cucumber Salad Fruit & Milk Choice
29 Spring Recess Schools Closed	30 Spring Recess Schools Closed	31 Spring Recess Schools Closed	Farmingdale students can eat breakfast and lunch for FREE!	
Breakfast Served Daily 7:15 - 9:00 Assorted bagels, muffins, cereal Fruit or Juice Milk choice		Deli Line Available Daily: Made to Order Sandwiches Featuring Boar's Head Meats & Cheeses A-la-carte Options Available Daily		All meals consist of 5 components: Meat or Vegetarian Alternative, Grain, Vegetable, Fruit and Milk Participating students must choose a minimum of 3 out of 5 components (one must be a fruit or vegetable) for the meal to be priced as a lunch but are encouraged to choose all 5.