



Farmingdale School District

Farmingdale High School Menu

March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Homemade Grilled Cheese w/ Cheddar & Mozzarella Baked Broccoli Florets Fruit & Milk	2 *Homemade Cookies* <u>Daler Wraps</u> Chicken Strips, Lettuce, Cheddar Cheese, Ranch Dressing Salsa Cup Fruit & Milk Choice	3 All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries Cucumber Salad Fruit & Milk Choice	4 Chicken Quesadilla or Crispy Chicken Sandwich Baked French Fries Fruit & Milk Choice	5 *Homemade Cookies* Pizza Friday! Chick Pea Salad Fruit & Milk Choice
8 WG Mozzarella Sticks w/ Marinara Sauce Steamed Green Beans Fruit & Milk	9 *Homemade Cookies* BBQ Roasted Chicken Corn Bread Sweet Potato Fries Fruit & Milk Choice	10 All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries Baked Beans Fruit & Milk Choice	11 Chicken Quesadilla or Crispy Chicken Sandwich Baked French Fries Green Salad Fruit & Milk Choice	12 *Homemade Cookies* <u>Brunch for Lunch</u> French Toast Sticks Sausage & Hash Browns Fruit & Milk Choice
15 Homemade Grilled Cheese w/ Cheddar & Mozzarella Baked Broccoli Florets Fruit & Milk	16 *Homemade Cookies* <u>Daler Wraps</u> Chicken Strips, Lettuce, Cheddar Cheese, Ranch Dressing Salsa Cup Fruit & Milk Choice	17 All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries Cucumber Salad Fruit & Milk Choice	18 Chicken Quesadilla or Crispy Chicken Sandwich Baked French Fries Fruit & Milk Choice	19 *Homemade Cookies* Pizza Friday! Chick Pea Salad Fruit & Milk
22 WG Mozzarella Sticks w/ Marinara Sauce Steamed Green Beans Fruit & Milk	23 *Homemade Cookies* BBQ Roasted Chicken Corn Bread Sweet Potato Fries Fruit & Milk Choice	24 All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries Baked Beans Fruit & Milk Choice	25 Chicken Quesadilla or Crispy Chicken Sandwich Baked French Fries Green Salad Fruit & Milk Choice	26 *Homemade Cookies* <u>Brunch for Lunch</u> French Toast Sticks Sausage & Hash Browns Fruit & Milk Choice
29 Spring Recess Schools Closed	30 Spring Recess Schools Closed	31 Spring Recess Schools Closed	Farmingdale students can eat breakfast and lunch for FREE!	Menu is subject to change due to product availability and quality on delivery
Breakfast Served Daily 7:15 - 9:00 Assorted bagels, muffins, cereal Fruit or Juice Milk choice		Deli Line Available Daily: Made to Order Sandwiches Featuring Boar's Head Meats & Cheeses A-la-carte Options Available Daily		All meals consist of 5 components: Meat or Vegetarian Alternative, Grain, Vegetable, Fruit and Milk Participating students must choose a minimum of 3 out of 5 components (one must be a fruit or vegetable) for the meal to be priced as a lunch but are encouraged to choose all 5.