



Farmingdale School District

Farmingdale High School Menu

January

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Remote Learning Day Meals available at any school building from 9am-1pm.	5 Whole Grain Grilled Cheese Baked Broccoli Fruit & Milk Choice	6 All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries Fruit & Milk Choice	7 Crispy Chicken Sandwich Baked French Fries Fruit & Milk Choice	8 Pizza Friday! Green Bean Salad Fruit & Milk Choice
11 Chicken Quesadilla Bean Salad & Salsa Cup Fruit & Milk	12 BBQ Chicken Corn Bread Sweet Potato Mash Fruit & Milk Choice	13 All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries Fruit & Milk Choice	14 Crispy Chicken Sandwich Baked French Fries Fruit & Milk Choice	15 Brunch for Lunch French Toast Sticks Silver Dollar Pancakes Sausage & Hash Browns Fruit & Milk Choice
18 Martin Luther King, Jr. Day Schools Closed	19 Ultimate Daler Nachos Crispy Tortillas, Zesty Beef, Nacho Cheese Corn and Black Bean Salsa Fruit & Milk Choice	20 All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries Fruit & Milk Choice	21 Chicken Quesadilla or Crispy Chicken Sandwich Baked French Fries Fruit & Milk Choice	22 Brunch for Lunch French Toast Sticks Silver Dollar Pancakes Sausage & Hash Browns Fruit & Milk Choice
25 Chicken Quesadilla Bean Salad & Salsa Cup Fruit & Milk	26 BBQ Chicken Corn Bread Sweet Potatoes Fruit & Milk Choice	27 All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries Fruit & Milk Choice	28 Chicken Quesadilla or Crispy Chicken Sandwich Baked French Fries Fruit & Milk Choice	29 Pizza Friday! Green Bean Salad Fruit & Milk Choice
Farmingdale students can eat breakfast and lunch for FREE!		Menu is subject to change due to product availability and quality on delivery		
Breakfast Served Daily 7:15 - 9:00 Assorted bagels, muffins, cereal Fruit or Juice Milk choice		Deli Line Available Daily: Made to Order Sandwiches Featuring Boar's Head Meats & Cheeses A-la-carte Options Available Daily		All meals consist of 5 components: Meat or Vegetarian Alternative, Grain, Vegetable, Fruit and Milk Participating students must choose a minimum of 3 out of 5 components (one must be a fruit or vegetable) for the meal to be priced as a lunch but are encouraged to choose all 5.