|  | rmingdale Schoo | District | Farmingdale High School Menu |  |
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| Decendor |  |  |  |  |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Farmingdale students can eat breakfast and lunch for FREE! | 1 <br> Ultimate Daler Nachos <br> Crispy Tortillas, Zesty Beef, Nacho <br> Cheese <br> Roasted Corn \& Black Beans <br> Fruit \& Milk Choice | All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries <br> Fruit \& Milk Choice | 3 <br> Chicken Quesadilla or Crispy Chicken Sandwich <br> Baked French Fries <br> Fruit \& Milk Choice | 4 <br> Brunch for Lunch <br> French Toast Sticks Silver Dollar Pancakes Sausage \& Hash Browns <br> Fruit \& Milk Choice |
| Mozzarella Sticks w/ Marinara <br> Baked Broccoli <br> Fruit \& Milk Choice | Daler Wraps <br> Chicken Strips, Lettuce, Cheddar Cheese, Ranch Dressing Steamed Corn <br> Fruit \& Milk Choice | All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries Fruit \& Milk Choice | 10 <br> Chicken Quesadilla or Crispy Chicken Sandwich <br> Baked French Fries <br> Fruit \& Milk Choice | 11  <br>  Brunch for Lunch <br>  Filver Dollar Pancakes <br>  Sausage \& Hash Browns <br>  Fruit \& Milk Choice |
| 14 <br> Whole Grain Grilled Cheese <br> Baked Broccoli <br> Fruit \& Milk Choice | 15 <br> Ultimate Daler Nachos <br> Crispy Tortillas, Zesty Beef, Nacho Cheese Corn and Black Bean Salsa Fruit \& Milk Choice | 16 <br> All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries Fruit \& Milk Choice | 17 <br> Chicken Quesadilla or Crispy Chicken Sandwich Baked French Fries Fruit \& Milk Choice | \|18 <br> Pizza Friday! <br> Green Bean Salad <br> Fruit \& Milk Choice |
| 21 <br> All Beef Hot Dog on a Bun or Crispy Chicken Sandwich Baked French Fries <br> Fruit \& Milk Choice | Cheese Quesadilla or Crispy Chicken Sandwich Baked French Fries <br> Fruit \& Milk Choice | 23 <br> Holiday Recess Schools Closed | 24 | 25 |
| $28$ <br> Holiday Recess Schools Closed | 29 <br> Holiday Recess Schools Closed | 30 | $31$ <br> Holiday Recess Schools Closed | Menu is subject to change due to product availability and quality on delivery |
| Breakfast Served Daily 7:15-9:00 <br> Assorted bagels, muffins, cereal Fruit or Juice Milk choice | Deli Line Available Daily: <br> Made to Order Sandwiches Featuring Boar's Head <br> Meats \& Cheeses <br> A-la-carte Options Available Daily |  | All meals consist of 5 components: <br> Meat or Vegetarian Alternative, Grain, Vegetable, Fruit and Milk <br> Participating students must choose a minimum of 3 out of 5 components (one must be a fruit or vegetable) for the meal to be priced as a lunch but are encouraged to choose all 5. |  |

