



# Farmingdale School District

# Farmingdale High School Menu

## April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Farmingdale students can eat breakfast and lunch for FREE!			1 Spring Recess Schools Closed	2 Spring Recess Schools Closed
5 Spring Recess Schools Closed	6 Spring Recess Schools Closed	7 Crispy Chicken Nuggets Black Bean Salad Fruit & Milk	8 Chicken Patty on WG Bun Baked French Fries Fruit & Milk	9 <b>*Homemade Cookies*</b> Pizza Friday! Green Salad Fruit & Milk
12 Homemade Grilled Cheese w/ Cheddar & Mozzarella Cucumber Salad Fruit & Milk Choice	13 BBQ Roasted Chicken Corn Bread Sweet Potato Fries Fruit & Milk Choice	14 Meatball Hero w/ Mozzarella Green Salad Fruit & Milk	15 Chicken Patty on WG Bun Baked French Fries Fruit & Milk	16 <b>*Homemade Cookies*</b> French Toast Sticks Canadian Bacon Crispy Tater Tots Fruit & Milk
19 Hot Dog on a Whole Grain Roll Vegetarian Beans Fruit & Milk	20 Grilled Chicken Sandwich Sweet Potato Fries Fruit & Milk	21 Macaroni & Cheese Baked Broccoli Crowns Fruit & Milk	22 Chicken Patty on WG Bun Baked French Fries Fruit & Milk	23 <b>*Homemade Cookies*</b> French Toast Sticks Canadian Bacon Crispy Tater Tots Fruit & Milk
26 Teriyaki Chicken or Beef & Veggie Fried Rice Crunchy Carrots Fruit & Milk	27 <b>Ultimate Daler Nachos</b> Crispy Tortillas, Zesty Beef, Nacho Cheese Corn & Black Bean Salad Fruit & Milk	28 WG Mozzarella Sticks Baked Broccoli Fruit & Milk	29 Chicken Patty on WG Bun Baked French Fries Fruit & Milk	30 <b>*Homemade Cookies*</b> Pizza Friday! Green Salad Fruit & Milk
<b>Breakfast Served Daily</b> 7:15 - 9:00 Assorted bagels, muffins, cereal Fruit or Juice Milk choice	<b>Deli Line Available Daily:</b> Made to Order Sandwiches Featuring Boar's Head Meats & Cheeses  <b>A-la-carte Options Available Daily</b>		All meals consist of 5 components: Meat or Vegetarian Alternative, Grain, Vegetable, Fruit and Milk  Participating students must choose a minimum of 3 out of 5 components (one must be a fruit or vegetable) for the meal to be priced as a lunch but are encouraged to choose all 5.	