



Farmingdale School District

Howitt Middle School Menu

February

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Mozzarella Sticks w/ Marinara Green Beans Fruit & Milk Choice	2	*Homemade Cookies* WG Breaded Chicken Bites Roasted Carrots Fruit & Milk Choice	3	Hamburger on WG Bun Baked French Fries Fruit & Milk	4	Chicken & Cheese Quesadilla Black Bean Salsa Fruit & Milk	5	Pizza Friday! Green Salad Fruit & Milk
8	Pizza Crunchers Baked Broccoli Fruit & Milk	9	Daler Nachos Baked! Scoops, Zesty Beef, Nacho Cheese Vegetarian Beans/Salsa Cup Fruit & Milk Choice	10	*Homemade Cookies* WG Chicken Sandwich Baked French Fries Fruit & Milk	11	Brunch for Lunch! French Toast Turkey Sausage Crispy Tater Tots Fruit & Milk	12	Pizza Friday! Green Beans Fruit & Milk
15	Presidents' Day Schools Closed	16	Winter Recess Schools Closed	17	Winter Recess Schools Closed	18	Winter Recess Schools Closed	19	Winter Recess Schools Closed
22	Mozzarella Sticks w/ Marinara Green Beans Fruit & Milk Choice	23	*Homemade Cookies* WG Breaded Chicken Bites Roasted Carrots Fruit & Milk Choice	24	Hamburger on WG Bun Baked French Fries Fruit & Milk	25	Brunch for Lunch! French Toast Turkey Sausage Crispy Tater Tots Fruit & Milk	26	Pizza Friday! Green Salad Fruit & Milk
Farmingdale students can eat breakfast and lunch for FREE!						Menu is subject to change due to product availability and quality on delivery			
<p>Grab and Go Breakfast Served daily upon entry into the building</p>						<p>All meals consist of 5 components: Meat or Vegetarian Alternative, Grain, Vegetable, Fruit and Milk</p> <p>Participating students must choose a minimum of 3 out of 5 components (one must be a fruit or vegetable) for the meal to be priced as a lunch but are encouraged to choose all 5.</p>			