



December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Farmingdale students can eat <u>breakfast and lunch</u> for FREE!	1 Macaroni & Cheese Roasted Corn Fruit & Milk Choice	2 Chicken Patty on a WG Bun Baked French Fries Fruit & Milk	3 *Homemade Cookies* <u>Daler Nachos</u> Baked! Scoops, Zesty Beef, Nacho Cheese Black Beans Fruit & Milk Choice	4 Pizza Friday! Green Salad Fruit & Milk
	7 Chicken & Cheese Quesadilla Baked Broccoli Fruit & Milk	8 Cheeseburger on WG Bun Baked French Fries Fruit & Milk	9 *Homemade Cookies* WG Breaded Chicken Bites Black Bean Salad Fruit & Milk	10 BRUNCH FOR LUNCH! French Toast w/ Turkey Canadian Bacon Crispy Tater Tots Fruit & Milk
14 WG Breaded Chicken Bites Roasted Carrots Fruit & Milk	15 <u>Daler Nachos</u> Baked! Scoops, Zesty Beef, Nacho Cheese Roasted Corn Fruit & Milk Choice	16 Chicken Patty on a WG Bun Baked French Fries Fruit & Milk	17 *Homemade Cookies* Meatball Hero Vegetarian Beans Fruit & Milk	18 Pizza Friday! Green Salad Fruit & Milk
21 Pizza Crunchers Baked Broccoli Fruit & Milk	22 *Homemade Cinnamon Rolls* WG Breaded Chicken Bites Baked French Fries Fruit & Milk	23 Holiday Recess Schools Closed	24 Holiday Recess Schools Closed	25 Holiday Recess Schools Closed
28 Holiday Recess Schools Closed	29 Holiday Recess Schools Closed	30 Holiday Recess Schools Closed	31 Holiday Recess Schools Closed	Menu is subject to change due to product availability and quality on delivery

Grab and Go Breakfast
 Served daily upon entry into the building

All meals consist of 5 components:
 Meat or Vegetarian Alternative, Grain, Vegetable, Fruit and Milk

Participating students must choose a minimum of 3 out of 5 components (one must be a fruit or vegetable) for the meal to be priced as a lunch but are encouraged to choose all