

SENIOR PROFILE

Student Name _____ Counselor _____

Please complete the questions and statements below to help your counselor write your letter of recommendation so that it truly reflects your qualities and accomplishments:

1. My best qualities are:
2. My most important accomplishment and why I am proud of this:
3. Is your high school record an accurate measure of your ability and potential? If not, what do you consider the best measure of your potential for success in college?
4. The most meaningful extra-curricular activity I have had is, and why:
5. My career goals or possible areas of interest are, and why:
6. How I've spent my summers during high school:

7. The colleges I'm considering, and why: My first choice college_____

8. Something interesting or important that most teachers or students may not know about me:

9. How I spend my spare or leisure time:

10. The class or academic experience (paper, project, etc.) that really challenged me:

11. Any obstacles, events or hardships that affected me in high school:

12. The 3 teachers I am asking for recommendations:

- a.
- b.
- c.

13. Any other information that describes the real me”:

Please use additional paper if needed. You can also type your response on your computer.
This Senior Personal Profile will be available on the home page.

